"Special Europe Cup"

Kata

Kids Categories (Bambini, Fanciulli, Ragazzi). All categories from Beginners onwards



Kata

Sperimental Kids

Kumite Rainbow

From beginners onwards (less experienced athletes)





11th November 2018

SPORTS HALL

Via Inglesina, 37 - Gerenzano (VA)

UP FOR CLU

Kata

Afternoon

Kumite

All categories from Beginners onwards



WKF Rules

www.ascsportmb.it







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2° EUROPE CUP FOR CLUBS

SPECIAL YOUTH ACTIVITIES & MULTICOLOR CATEGORIES WKF - FIJLKAM - ASC RULES

WHEN: 11th November 2018

WHERE: Palazzetto dello Sport - Sports Centre

ADDRESS: Via Inglesina 37, Gerenzano, VA; 2 Km from 'Saronno' motorway exit

PROGRAMME:

SUNDAY 11th NOVEMBER 2018 Special MULTICOLOR categories (less experienced athletes)

Morning: KATA

8.30 AM Registrations and payments

09.00 BA/FA/RA (Kids)

10.00 BEGINNERS - CADETS

10.00 BA/FA/RA (Kids) SPARRING DUMMY KUMITE with Flags

11.00 SENIOR

12.30 JUNIOR - MASTER

Afternoon: KUMITE

13.30 Registrations and payments

14.30 Cat. EXPERIMENTAL KIDS KUMITE - BEGINNERS

16.00 Cat. CADETS - SENIOR

17.00 Cat. JUNIOR

THE OFFICIAL COMPETITION TIMES WILL BE PUBLISHED ON <u>www.ascsportmb.it</u> THE FRIDAY BEFORE THE COMPETITION

Fees: € 15 Kata Kids (1 o 2 Speciality, 3th speciality +€5)

€ 15 One discipline (Kata or Kumite) from Beginners above

€ 25 Two disciplines (For example, Kata +Kumite + € 5 for further discipline)

Referees: Meeting on Saturday morning at 8.30

Registrations: BY midnight Tuesday 6th November, using appropriate forms

All athletes must be registered and insured at their local Sports Association and must comply with the health requirements. Fees can be paid at the competition site, the list of athletes registered by 06/11/18 will vouch for the amount due.

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Referees Manager - Andrea Zilioli - +39 339 5072433

THE COMPETITION IS OPEN TO ALL THE FIJLKAM ASSOCIATED ORGANISATIONS

SUNDAY 11th NOVEMBER 2018

CATEGORIES SPARRING DUMMY KUMITE with Flags (Kids)

CLASS	CATEGORY	YEAR	BELT
BA1 (5-7 years old)	CHILDREN	2011/2012/2013	WHITE/YELLOW
BA2	CHILDREN	2011/2012/2013	ORANGE/GREEN/BLUE
FA1 (8-9 years old)	KIDS	2009/2010	WHITE/YELLOW
FA2	KIDS	2009/2010	ORANGE/GREEN
FA3	KIDS	2009/2010	BLUE / BROWN
RA1 (10-11 years old)	NOVICE	2007/2008	WHITE/YELLOW
RA2	NOVICE	2007/2008	ORANGE/GREEN
RA3	NOVICE	2007/2008	BLUE / BROWN

RULES SPARRING DUMMY KUMITE

This technical game with a suspended foam balloon takes place on a 8x8 rubber mat Tatami.

Two sponge balloons are suspended at eye level and placed in the centre of the Tatami for AKA and AO competitors who will compete at the same time.

The test consists in 30 freestyle leg and arm technique combination.

For all classes:

Any leg technique allowed; Any arm technique allowed.

One point will be deducted as penalty for every technique that touches the balloon.

CATEGORIES EXPERIMENTAL KIDS KUMITE OF THE SAME CLUB

Category	Weights	Year	Belts
KIDS MALE	OPEN	2007/2008	OPEN
KIDS FEMALE	OPEN	2007/2008	OPEN

EXPERIMENTAL KIDS KUMITE RULES

(Training to the competition with symmetrical interactions)

The test consists in a combat demonstration (Kumite) carried out by two athletes of the same Club against two athletes from another Club.

The competition will be carried out with repechage, judged with flags.

Techniques allowed are enlisted in the BEGINNERS A rules and regulations (View FIJLKAM Federal Activity Program), demonstrating technical and tactical skills.

KUMITE MULTICOLOR CATEGORIES				
Category	Weights	Year	Belts	
BEGINNERS MALE	40-45-50-55-61-68 68+	2006/2005	MULTICOLOR	
BEGINNERS FEMALE	37-42-47-53-60 60+	2006/2005	MULTICOLOR	
CADETS MALE	47-52-57-63-70 -78 78+	2004/2003	MULTICOLOR	
CADETS FEMALE	42-47-54-63 63+	2004/2003	MULTICOLOR	
JUNIOR MALE	55-61-68-76 76+	2002/2001	MULTICOLOR	
JUNIOR FEMALE	PR FEMALE 53-60-66 66+		MULTICOLOR	
SENIOR MALE	60-67-75-84 84+	2000 al 1983	MULTICOLOR	
SENIOR FEMALE	53-60-68 68+	2000 al 1983	MULTICOLOR	

N.B. The MULTICOLOR category is for less experienced athletes until BLUE belt. The color of the belt MUST be indicated on the registration form. (The categories with less than 4 athletes will be merged)

KATA CATEGORIES

JUDGED WITH FLAGS SUDDEN DEATH WITH REPECHAGE

KATA CLASS	CATEGORY	YEAR	BELT	
A1M (5-7 years old)	BAMBINI MALE	2011/2012/2013	YELLOW/ORANGE	
A2M	BAMBINI MALE	2011/2012/2013	GREEN/BLUE	
A3M	BAMBINI MALE	2011/2012/2013	BROWN	
A4F	BAMBINE FEMALE	2011/2012/2013	YELLOW/ORANGE	
A5F	BAMBINE FEMALE	2011/2012/2013	GREEN/BLUE	
A6F	BAMBINE FEMALE	2011/2012/2013	BROWN	
B1M (8-9 years old)	FANCIULLI MALE	2009/2010	YELLOW/ORANGE	
B2M	FANCIULLI MALE	2009/2010	GREEN/BLUE	
ВЗМ	FANCIULLI MALE	2009/2010	BROWN	
B4F	FANCIULLI FEMALE	2009/2010	YELLOW/ORANGE	
B5F	FANCIULLI FEMALE	2009/2010	GREEN/BLUE	
B6F	FANCIULLI FEMALE	2009/2010	BROWN	
C1M (10-11 years old)	RAGAZZI MALE	2007/2008	YELLOW/ORANGE	
C2M	RAGAZZI MALE	2007/2008	GREEN/BLUE	
СЗМ	RAGAZZI MALE	2007/2008	BROWN	
C4F	RAGAZZE FEMALE	2007/2008	YELLOW/ORANGE	
C5F	RAGAZZE FEMALE	2007/2008	GREEN/BLUE	
C6F	RAGAZZE FEMALE	2007/2008	BROWN	
D1M (12-13 years old)	BEGINNERS MALE	2005/2006	YELLOW/ORANGE	
D2M	BEGINNERS MALE	2005/2006	GREEN/BLUE	
D3M	BEGINNERS MALE	2005/2006	BROWN/BLACK	
D4F	BEGINNERS FEMALE	2005/2006	YELLOW/ORANGE	
D5F	BEGINNERS FEMALE	2005/2006	GREEN/BLUE	
D6F	BEGINNERS FEMALE	2005/2006	BROWN/BLACK	
E1M (14-15 years old)	CADETS MALE	2003/2004	YELLOW/ORANGE	
E2M	CADETS MALE	2003/2004	GREEN/BLUE	
E3M	CADETS MALE	2003/2004	BROWN/BLACK	
E4F	CADETS FEMALE	2003/2004	YELLOW/ORANGE	
E5F			GREEN/BLUE	
	CADE IS FEMALE	2003/2004	UNEEN/BLUE	
E6F	CADETS FEMALE CADETS FEMALE	2003/2004	BROWN/BLACK	
E6F	CADETS FEMALE	2003/2004	BROWN/BLACK	
E6F F1M (16-17 years old)	CADETS FEMALE JUNIORES MALE	2003/2004 2001/2002	BROWN/BLACK YELLOW/ORANGE	
E6F F1M (16-17 years old) F2M	CADETS FEMALE JUNIORES MALE JUNIORES MALE	2003/2004 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE	
E6F F1M (16-17 years old) F2M F3M	CADETS FEMALE JUNIORES MALE JUNIORES MALE JUNIORES MALE	2003/2004 2001/2002 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK	
E6F F1M (16-17 years old) F2M	CADETS FEMALE JUNIORES MALE JUNIORES MALE	2003/2004 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE	
E6F F1M (16-17 years old) F2M F3M F4F	CADETS FEMALE JUNIORES MALE JUNIORES MALE JUNIORES FEMALE	2003/2004 2001/2002 2001/2002 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK YELLOW/ORANGE	
E6F F1M (16-17 years old) F2M F3M F4F F5F F5F	CADETS FEMALE JUNIORES MALE JUNIORES MALE JUNIORES MALE JUNIORES FEMALE JUNIORES FEMALE JUNIORES FEMALE	2003/2004 2001/2002 2001/2002 2001/2002 2001/2002 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK	
E6F F1M (16-17 years old) F2M F3M F4F F5F F5F H1M (22-35 years old)	CADETS FEMALE JUNIORES MALE JUNIORES MALE JUNIORES MALE JUNIORES FEMALE JUNIORES FEMALE JUNIORES FEMALE SENIORES MALE	2003/2004 2001/2002 2001/2002 2001/2002 2001/2002 2001/2002	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK YELLOW/ORANGE	
E6F F1M (16-17 years old) F2M F3M F4F F5F F5F	CADETS FEMALE JUNIORES MALE JUNIORES MALE JUNIORES MALE JUNIORES FEMALE JUNIORES FEMALE JUNIORES FEMALE	2003/2004 2001/2002 2001/2002 2001/2002 2001/2002 2001/2002 2001/2002 1983/2000	BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK YELLOW/ORANGE GREEN/BLUE BROWN/BLACK	

H5F	SENIORES FEMALE	1983/2000	GREEN/BLUE
H6F	SENIORES FEMALE	1983/2000	BROWN/BLACK
L1M	MASTER MALE	OPEN	YELLOW/ORANGE
L2M	MASTER MALE	OPEN	GREEN/BLUE
L3M	MASTER MALE	OPEN	BROWN/BLACK
L4F	MASTER FEMALE	OPEN	YELLOW/ORANGE
L5F	MASTER FEMALE	OPEN	GREEN/BLUE
L6F	MASTER FEMALE	OPEN	BROWN/BLACK

KATA RULES

Judged with flags, sudden death with repechage.

All categories up to orange belt can perform only Shitei Katas (5 Heian or corresponding).

Kata performance for all categories:

Athletes up to orange belt can perform 1 kata, green/blue belt athletes can perform 2 katas, brown and black belt athletes can perform 3 alternating katas.

(the last performed kata cannot be repeated in the following session);

Brown and black belt Cadet, Junior and Senior athletes have to changed kata at every stage.

The athletes in the last CADET category can compete in the JUNIOR category.

The athletes in the last JUNIOR category can compete in the SENIOR category.

KUMITE CATEGORIES				
Category	Weights	Year	Belts	
BEGINNERS MALE	From 33 to 40-45-50-55-61-68-75 75+	2006/2005	BROWN	
BEGINNERS FEMALE	From 30 to 37-42-47-53-60 60+	2006/2005	BROWN	
CADETS MALE	From 40 to 47-52-57-63-70 -78 78+	2004/2003	BROWN/BLACK	
CADETS FEMALE	From 35 to 42-47-54-63 63+	2004/2003	BROWN/BLACK	
JUNIOR MALE	R MALE -50-55-61-68-76 76+		BROWN/BLACK	
JUNIOR FEMALE	JUNIOR FEMALE -48-53-59-66 66+		BROWN/BLACK	
SENIOR MALE	-60-67-75-84-94 94+	2000 al 1983	BROWN/BLACK	
SENIOR FEMALE	R FEMALE -50-55-61-68 68+		BROWN/BLACK	

NB. The color of the belt MUST be indicated on the registration form. (The categories with less than 4 athletes will be merged)

Important: All athletes must wear the following protections during the competition: Mitts, Shin Pads and Foot Protectors, Gum shield, Groin Guards, Body Protectors, Female Chest Protector for women.

The athletes in the last CADET category can compete in the JUNIOR category.

The athletes in the last JUNIOR category can compete in the SENIOR category.

CATEGORIES MAY BE MERGED ACCORDING TO THE NUMBER OF ATHLETES REGISTERED

USE ONLY THE MODULES ATTACHED TO THE PROGRAM OR DOWNLOADABLE AT www.ascportmb.it